



Footmotion plating system.

RANGE DEDICATED TO FOREFOOT, MIDFOOT & REARFOOT SURGERY

Intended purpose:

The implants of the Footmotion Plating System are intended for arthrodeses, fractures and osteotomies fixation and revision surgeries of the foot in adults.

Contraindications:

- Pregnancy.
- Acute or chronic local or systemic infections.
- Allergy to one of the materials used or sensitivity to foreign bodies.

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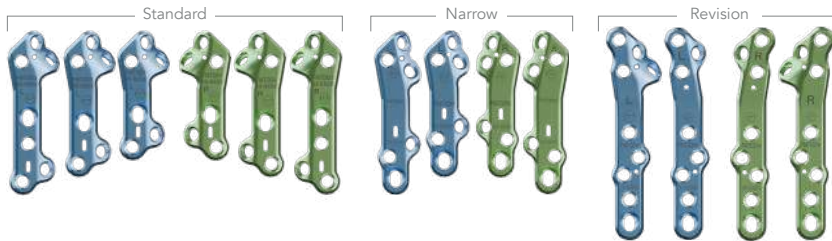
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Footmotion Plating System range.

EACH PLATE CAN BE USED WITH A PSI GUIDE

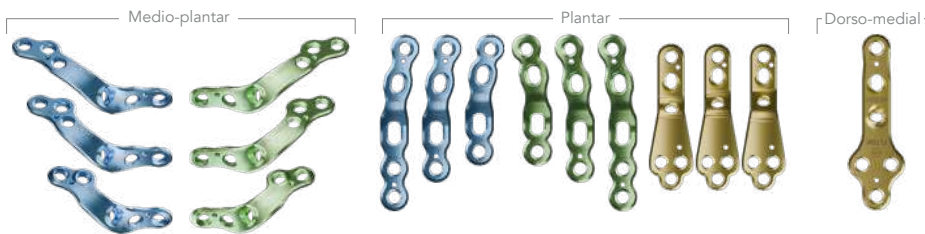
1ST METATARSOPHALANGEAL ARTHRODESIS PLATES (1)

Examples of application: hallux rigidus, severe hallux valgus, polyarthritis



LAPIDUS ARTHRODESIS PLATES (2)

Examples of application: hallux valgus, osteoarthritis, functional deformity



TALO-NAVICULAR ARTHRODESES PLATES (3)

Examples of application: osteoarthritis, high arched foot, equinovarus, flatfoot, traumatic after-effects



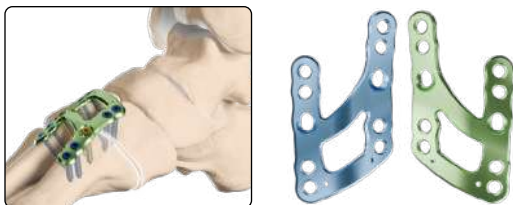
DORSAL LISFRANC ARTHRODESES PLATES (4)

Examples of application: osteoarthritis, fracture, Lisfranc joint dislocation; fracture/dislocation after-effects



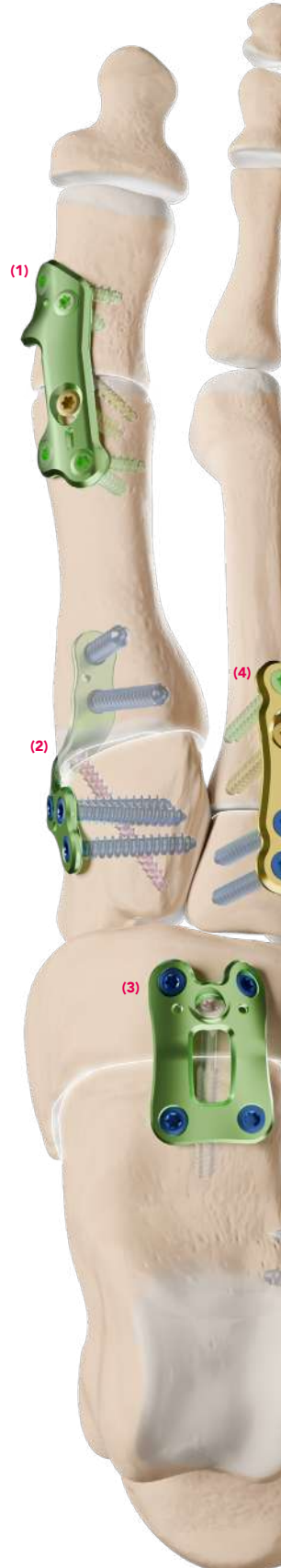
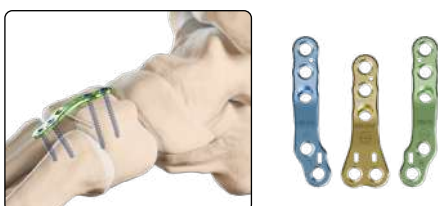
MEDIAL LISFRANC ARTHRODESES PLATES

Examples of application: structural instability, fracture/dislocation



ISOLATED LISFRANC ARTHRODESIS PLATES

Examples of application: osteoarthritis, fracture, Lisfranc joint dislocation, fracture/dislocation after-effects



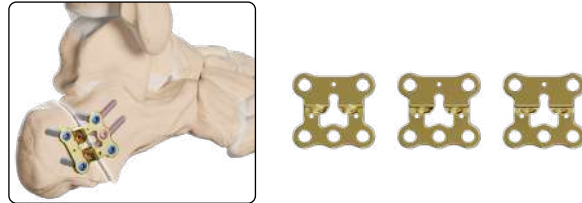
MINI INVASIVE BUNION OSTEOTOMY PLATES

Example of application: hallux valgus



CALCANEAL DISPLACEMENT OSTEOTOMY PLATES

Examples of application: osteoarthritis, flatfoot and cavus foot



COTTON OSTEOTOMY PLATES

Examples of application: plantar flexion osteotomy, osteotomy of the medial cuneiform



OPENING BASE WEDGE OSTEOTOMY PLATES

Example of application: severe hallux valgus



EVANS OSTEOTOMY PLATES (5)

Examples of application: flatfoot, calcaneocuboid (CC) joint arthrodesis



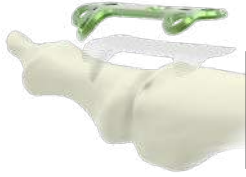
STRAIGHT PLATES



Technical features.

PRECONTOURED IMPLANTS

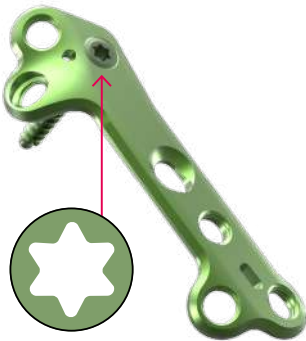
- The design of these implants is the result of a proprietary state-of-the-art mapping technology to establish the maximum congruence between the plate and the bone.



Low profile implants 1.4 to 1.7 mm

ADAPTABLE FIXATION AND SCREW FEATURES

- **One type of locking hole for two screw diameters:** Ø2.8 mm and Ø3.5 mm.
- **Locking** (SLT2.8Lxx and SLT3.5Lxx) and **non-locking screws** (RLT2.8Lxx and RLT3.5Lxx) are available in two diameters. **Lag screws** are available in one diameter: Ø3.5 mm (QLT3.5Lxx).
- **Hexalobular screw recess design (T8).**



FMTDD3



Ø2.8 mm locking screw
(SLT2.8Lxx)



Ø3.5 mm locking screw
(SLT3.5Lxx)



Ø3.5 mm lag screw
(QLT3.5Lxx)



Ø2.8 mm non-locking screw
(RLT2.8Lxx)

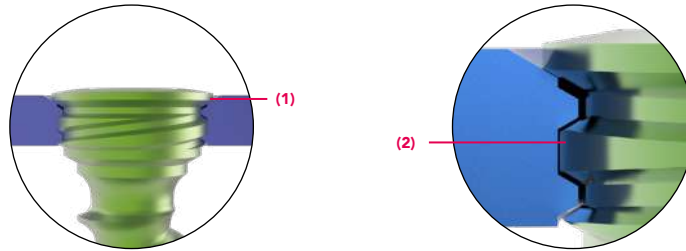


Ø3.5 mm non-locking screw
(RLT3.5Lxx)

LOCKING SYSTEM

FEATURES

- The screw head⁽¹⁾ is stopped in the hole by its cap, ensuring the locking.
- Plate and screws are all made of titanium.
- The threads under the screw head and inside the hole have strictly the same geometrical characteristics⁽²⁾.

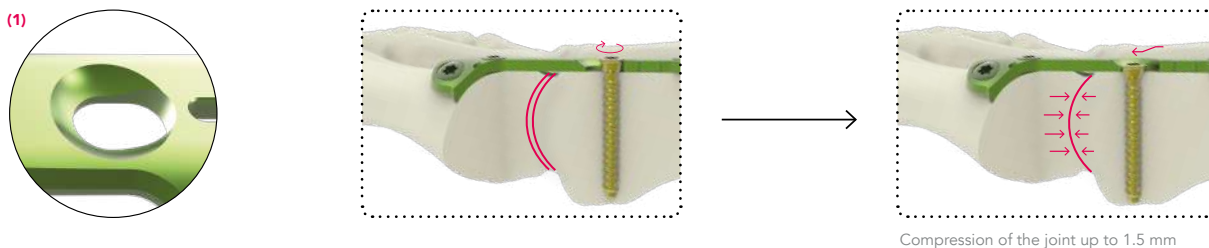


COMPRESSIVE SYSTEM

RAMP OBLONG HOLE

- Ramp oblong holes allowing a guided axial compression by using the screw/plate interface⁽¹⁾.

Warning: Only Ø2.8 mm non-locking screws (RLT2.8Lxx) can be used for the ramp oblong hole.



A comprehensive range of plates.

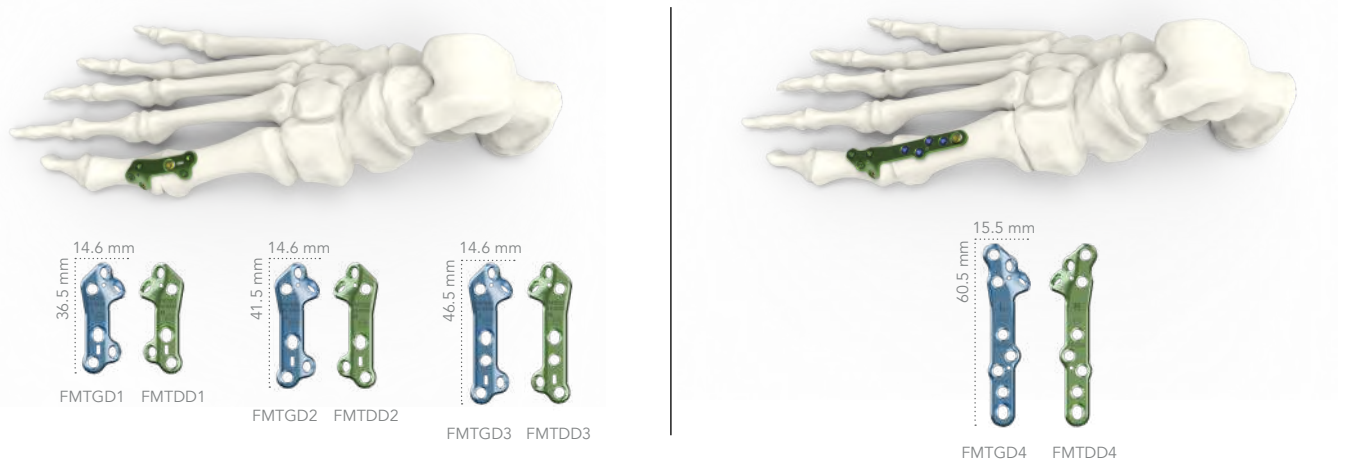
PLATES FOR 1ST METATARSOPHALANGEAL ARTHRODESIS

Examples of application: hallux valgus, severe hallux valgus, polyarthritis.
See page 17 for the detailed surgical technique.

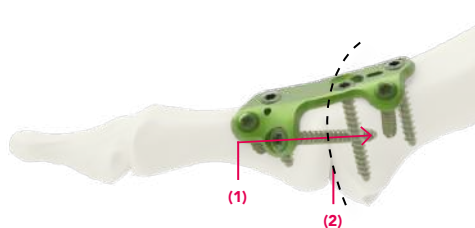
1ST MTP ARTHRODESIS PLATES

1ST MTP ARTHRODESIS REVISION PLATES

STANDARD PLATES WITH TRANSARTICULAR SCREW



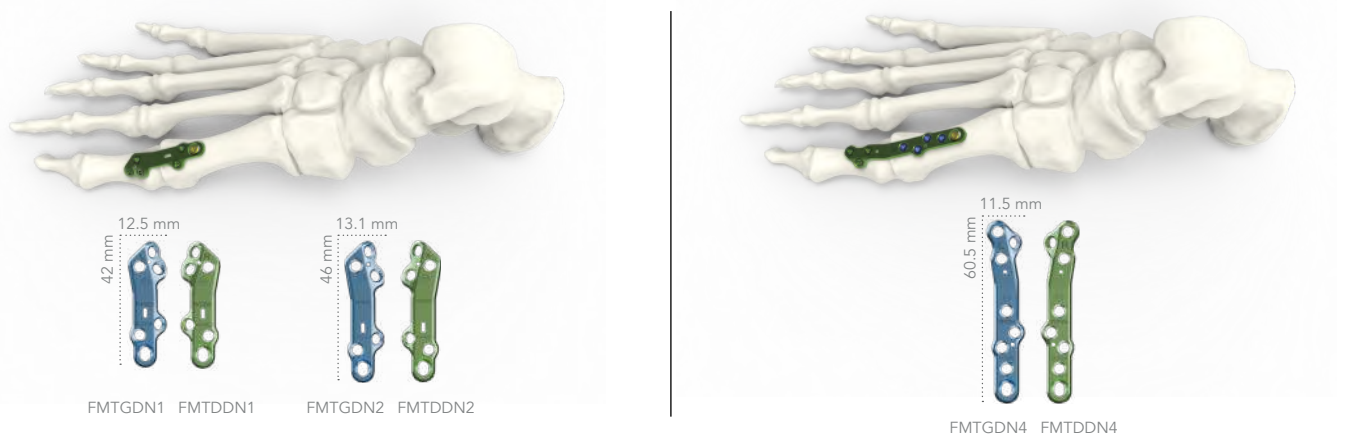
- **Hole for the transarticular screw⁽¹⁾:** a transarticular screw crossing the 1st MTP joint⁽²⁾ goes through the plate.



1ST MTP ARTHRODESIS PLATES

1ST MTP ARTHRODESIS REVISION PLATES

NARROW PLATES WITHOUT TRANSARTICULAR SCREW



NB: When using a plate without the transarticular screw, another screw (ref. H1.25QT3.5Lxx-ST or H1.4QT4.0Lxx-ST) can be inserted across the plantar aspect of the joint, outside of the plate. Please refer to Initial S range for further details.

CLINICAL CASE

Example of surgery using a plate for 1st metatarsophalangeal arthrodesis with transarticular screw.



Left foot showing a 1st MTP osteoarthritis



The solution: plate for 1st MTP arthrodesis with transarticular screw (ref: FMTGD1)



2 months post operative x-ray

PLATES FOR MINI INVASIVE BUNION OSTEOTOMY

Example of application: hallux valgus.
See page 25 for the detailed surgical technique.

TECHNICAL FEATURES

- Unique design dedicated to bunion metatarsal osteotomies for severe hallux valgus.
- External guide for minimally invasive surgery.
- Transfixation screw crossing the cut allowing compression.



FFTDD1



FFTG1

FFTDD1



ANC1057

ANC1058



PLATES FOR OPENING BASE WEDGE METATARSAL OSTEOTOMY

Examples of application: severe hallux valgus, flatfoot

TECHNICAL FEATURES

- A wedge is integrated into the plate: the wedge size depends on the correction angle. 3 sizes are available: 3, 4, 5 mm and 1 neutral plate.
- Low profile plate: 1.4 mm thick.
- Converging proximal screws.
- **3-in-1 dedicated instrument:** distraction, compression and osteotomies.



ANC642



FOTSM3

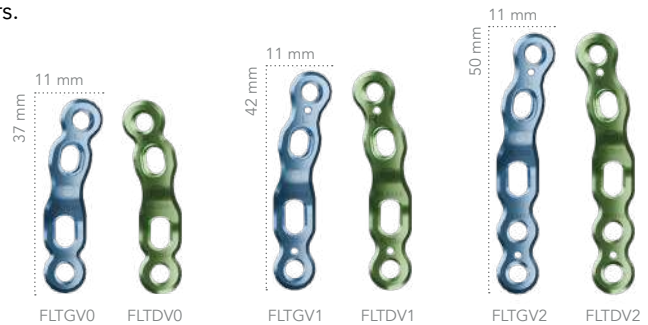
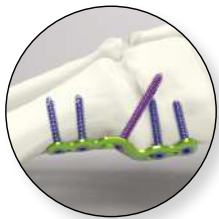


PLATES FOR PLANTAR LAPIDUS ARTHRODESIS

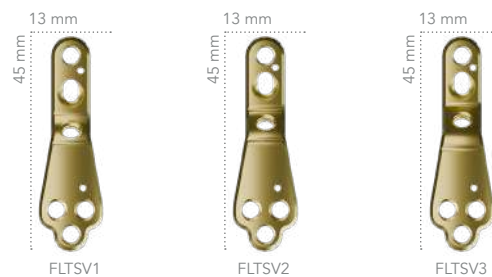
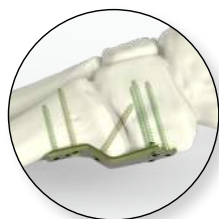
Examples of application: hallux valgus, osteoarthritis, functional deformity.
See page 21 for the detailed surgical technique.

TECHNICAL FEATURES

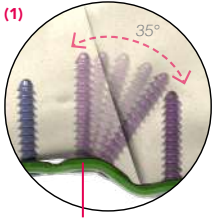
- **Full range of precontoured and anatomical plantar implants:**
 - **The narrow plates for plantar lapidus** are made of grade 2 titanium for an adaptation to first tarsometatarsal (TMT1) joint anatomies when using bending pliers.



- **The standard plates for plantar lapidus** are made of grade 5 titanium and have 3 offsets (3, 5, 7 mm).



- **Plantar positioning of the plate** allows immediate weight-bearing.
- **Transarticular screw angulation up to 35°⁽¹⁾**.
- **3.5 mm single diameter fixation for the narrow plates:**
 - 2 oblong holes for Ø3.5 mm non-locking screws:
 - Distal oblong hole for screw angulation up to 35°,
 - Oblong holes positioning allows to avoid conflicts between screws.
 - 2 or 3 locking holes for Ø3.5 mm locking screws.



Transarticular screw



CLINICAL CASE: NARROW PLATE FOR PLANTAR LAPIDUS ARTHRODESIS

Hallux valgus and ligamentous hyperlaxity.



PLATES FOR MEDIO-PLANTAR LAPIDUS ARTHRODESIS

Examples of application: severe hallux valgus and ligament hyperlaxity.
See page 23 for the detailed surgical technique.

TECHNICAL FEATURES

- **Medio-plantar positioning of the plate.**
 - Avoids the tibialis anterior tendon insertion minimizing the risk of impingement.
 - Direct access to the cuneiform holes through a medial approach.
 - The transarticular screw is inserted through the joint providing compression.

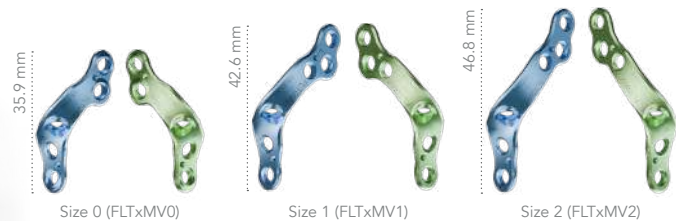


PLATE FOR DORSO-MEDIAL LIPIDUS ARTHRODESIS

Examples of application: osteoarthritis, functional deformity

TECHNICAL FEATURES

- Precontoured implant.
- Thickness of 1.6 mm.
- Transarticular screw.



FLTSM1



PLATES FOR DORSAL LISFRANC ARTHRODESES

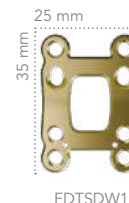
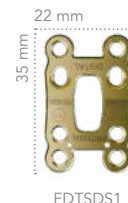
Examples of application: osteoarthritis, fracture, Lisfranc joint dislocation, fracture/dislocation after-effects

TECHNICAL FEATURES

- Two possible constructs: C2-C3-M2-M3 or C3-cuboid-M3-M4 arthrodeses.
- Solutions for midfoot arthrodeses.
- 10° cuneo-metatarsal sagittal angle.
- Compression thanks to the ramp oblong holes.



FDTSDW1



PLATES FOR MEDIAL LISFRANC ARTHRODESES

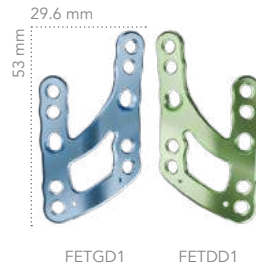
Examples of application: structural instability, fracture/dislocation

TECHNICAL FEATURES

- Converging screws.
- 10° cuneo-metatarsal sagittal angle.
- 10° intermetatarsal angle.
- Compression thanks to the ramp oblong holes.



FETDD1

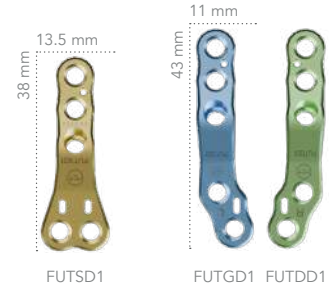


PLATES FOR ISOLATED LISFRANC ARTHRODESIS

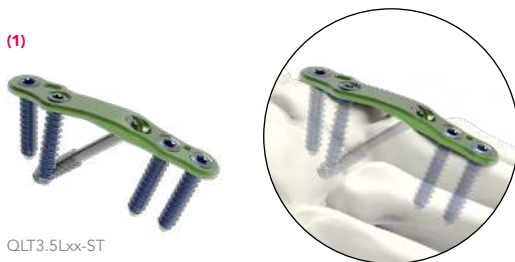
Examples of application: osteoarthritis, fracture, Lisfranc joint dislocation, fracture/dislocation after-effects.
See page 20 for the detailed surgical technique.

TECHNICAL FEATURES

- Comprehensive range of plates adapted to various shapes of cuneiform.
- Converging screws.
- Positioning on several rays: TMT2 or TMT3 arthrodesis.
- Dorso-plantar transarticular screw crossing the joint and the plate for compression.
- Two types of transarticular screws:
 - Lag screw (QLT3.5Lxx-ST)⁽¹⁾
 - Positioning screw (RLT3.5Lxx)⁽²⁾



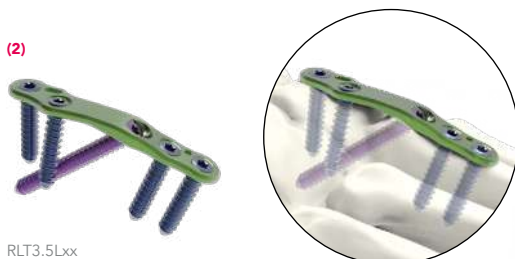
(1)



QLT3.5Lxx-ST



(2)



RLT3.5Lxx

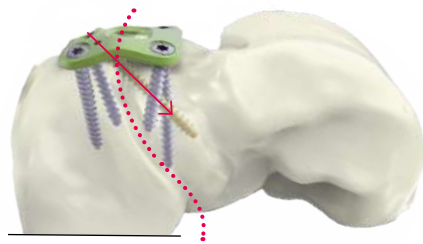


PLATES FOR TALO-NAVICULAR ARTHRODESIS

Examples of application: arthrosis, flatfoot.
See page 27 for the detailed surgical technique.

TECHNICAL FEATURES

- Converging screws.
- Transarticular screw allowing compression.



FTTDD2



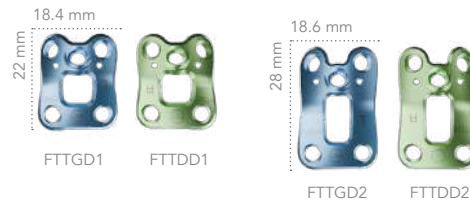
QLT3.5Lxx-ST



- Two types of plates:
 - Dorsal approach: between the extensor hallucis longus and the tibialis anterior tendon.



FTTDD2



- Medial approach: between the tibialis anterior tendon and the tibialis posterior tendon.



FTTSM2

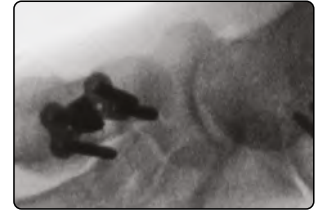


PLATES FOR COTTON OSTEOTOMY

Example of application: plantar flexion osteotomy of the medial cuneiform

TECHNICAL FEATURES

- **Precontoured plates** respecting the 1st cuneiform anatomy.
- **Converging screws.**
- **Two types of plates:**
 - Plates with wedge for osteotomy (4.5, 5.5, 6.5 mm).
 - Plate without wedge for graft addition.



FCTSM5.5

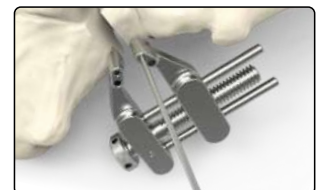


PLATES FOR EVANS OSTEOTOMY

Examples of application: flatfoot, calcaneocuboid (cc) joint arthrodesis

TECHNICAL FEATURES

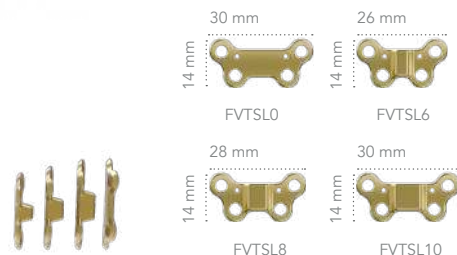
- **Precontoured plates** respecting:
 - The calcaneal anatomy,
 - The calcaneocuboid joint.
- **Converging screws.**
- **Two types of plates:**
 - Plates with wedge for osteotomies (6, 8, 10 mm),
 - Plate without wedge for graft addition and CC joint fusion.
- **3-in-1 dedicated instrument:** distraction, compression and osteotomies.



ANC642



FVTSL8

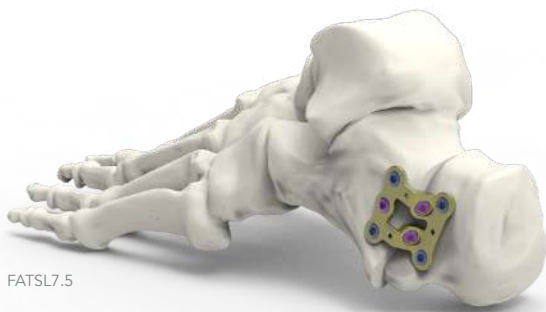


PLATES FOR CALCANEAL DISPLACEMENT OSTEOTOMY

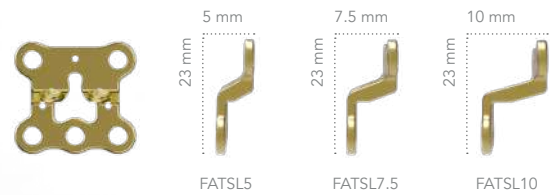
Examples of application: flatfoot, osteoarthritis, cavus foot.
See page 29 for the detailed surgical technique.

TECHNICAL FEATURES

- A calcaneal displacement of 5, 7.5 or 10 mm **maintained by the step-design of the plate.**
- **A central window** allowing a better visualization of the osteotomy site.
- **A non-locking central screw** allowing the calcaneal shift without a specific instrumentation.
- **Two transfixation screws** allowing the compression between the two bone fragments.



FATSL7.5

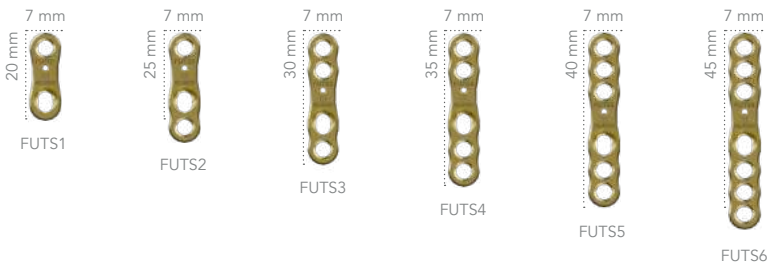


STRAIGHT PLATES FOR VARIOUS APPLICATIONS

TECHNICAL FEATURES

The Footmotion Plating System set offers a complete range of compressive straight plates designed for treatment of fractures, osteotomies and fusions for small bones and bone fragments of the foot.

- From 2 to 7 holes (from 20 mm to 45 mm).
- Compression thanks to ramp oblong hole.
- Bendable plates for several constructs.
- 1.5 mm thick.



Surgical technique.

1ST METATARSOPHALANGEAL ARTHRODESIS PLATES (PAGE 1/3)

Example using the 1st MTP arthrodesis plate - Standard - Right - Size 1 (FMTDD1).

JOINT SURFACES PREPARATION



Dislocate the joint to expose the head of the first metatarsal and the base of the proximal phalanx.



Insert the Ø1.6 mm pin (33.0216.150) through the head of the first metatarsal into the medullary cavity.

To determine the appropriate reaming size, insert the convex reamers successively along the pin. Progressively, reduce the diameter until the cartilage surfaces have been removed.

Remove the reamer and pin.



Expose the base of the phalanx and insert the Ø1.6 mm pin (33.0216.100) to achieve proper alignment with the diaphysis.



Take a concave reamer with the **same diameter** as the convex reamer (determined at step 2). Insert it along the pin and perform reaming until the cartilage surfaces have been removed.

Remove the reamer and the pin.

INSTRUMENTATION: CONVEX AND CONCAVE REAMERS

Convex and concave reamers are used respectively to prepare the surfaces of the head of the first metatarsal and the base of the phalanx to ensure an optimized congruity of the joint.



Reamers are available in 4 diameters:

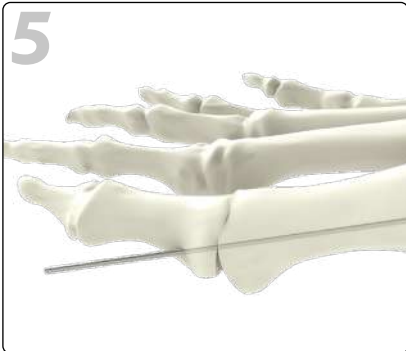


Convex reamers

Concave reamers

1ST METATARSOPHALANGEAL ARTHRODESIS PLATES (PAGE 2/3)

POSITIONING OF THE PLATE



Position the joint in the desired direction and stabilize it using a Ø1.6 mm pin (33.0216.150).



Choose the plate corresponding to the desired correction (three sizes available).

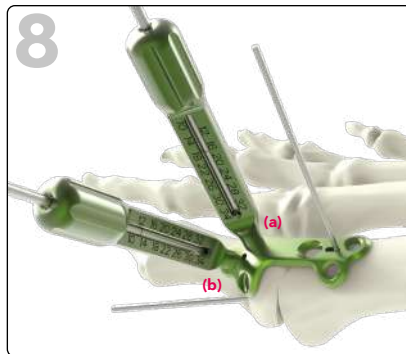
NB: The plates of the Footmotion Plating System are precontoured. If necessary, they can be bent to be adapted to the arthrodesis to perform.

FIXATION OF THE PLATE



Position the plate and stabilize it temporarily by inserting a Ø1.2 mm pin (33.0212.070) into the dedicated oblong hole.

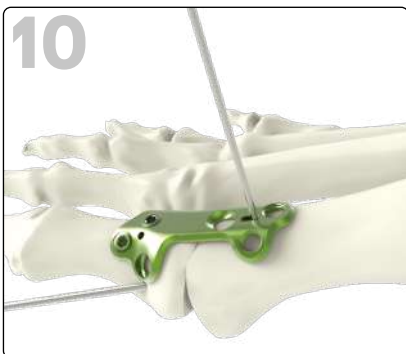
NB: It is also possible to position the plate and stabilize it temporarily using Ø1.2 mm pin (33.0212.070) through the dedicated distal hole.



Lock the two threaded guide gauges (ANC576) in the two distal holes. Insert the drill bit (ANC590) in the first hole (a) in order to stabilize the plate, and keep it in place. Drill (ANC590) through the second hole (b). Determine the appropriate screw length using the threaded guide gauge (ANC576).



Insert a locking screw (SLT2.8Lxx) with the screwdriver (ANC575).



After determining the screw length required, remove the drill bit and the guide gauge from the first hole and insert a locking screw (SLT2.8Lxx) using the screwdriver (ANC575).

1ST METATARSOPHALANGEAL ARTHRODESIS PLATES (PAGE 3/3)

COMPRESSION OF THE JOINT

OPTION 1: Compression using the ramp oblong hole.



Drill (ANC590) into the most proximal part of the ramp oblong hole, and directly read the depth on the non-threaded bent guide gauge (ANC586).



Insert a Ø2.8 mm non-locking screw (RLT2.8Lxx) then perform compression using the screwdriver (ANC575) (see page 7).



Insert in the proximal part, the two Ø2.8 mm locking screws (SLT2.8Lxx) into the remaining holes following the steps 8 & 9.

Finalize by inserting a Ø2.8 mm non-locking screw (RLT2.8Lxx) into the hole for the transfixation screw in the distal part.

OPTION 2: Compression using the transfixation screw.



Drill through the hole designed for the transfixation screw and through the metatarsophalangeal joint, using a Ø2.0 mm drill bit (ANC590) and the threaded guide gauge (ANC576). To produce the lag effect, drill through the base of the phalanx using a Ø3.0 mm drill bit (ANC611).



Insert a Ø2.8 mm non-locking screw (RLT2.8Lxx) using the screwdriver (ANC575).



Complete the construct by inserting in the proximal part:

- A Ø2.8 mm non-locking screw (RLT2.8Lxx) into the distal part of the ramp oblong hole, so as to avoid additional compression.
- Two Ø2.8 mm locking screws (SLT2.8Lxx) into the two remaining proximal holes.

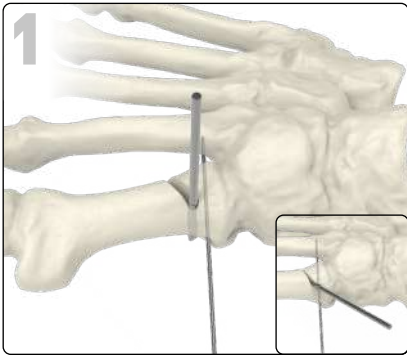
Warning: Final tightening of the screws must be performed by hand.

FINAL RESULT.

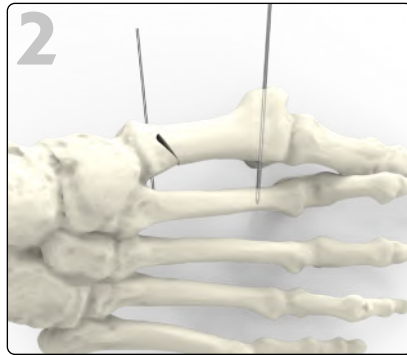


MINI INVASIVE BUNION OSTEOTOMY PLATES (PAGE 1/2)

Example using the Metatarsal basal closing wedge plate - Right - Size 1 (FFTDD1).



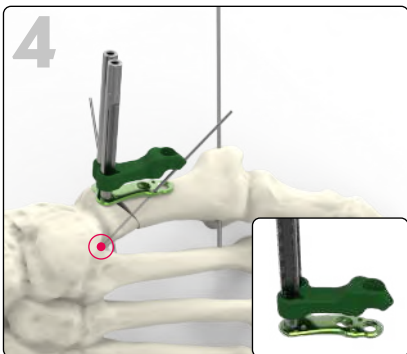
Insert a $\varnothing 1.6$ mm L100 mm pin (33.0216.100) from the 1st metatarsal to the 2nd one, as proximal as possible. Then, create a percutaneous cut by using a shannon burr. The entry point should be on the dorsal part of the 1st metatarsal and the cut has to be lateral.



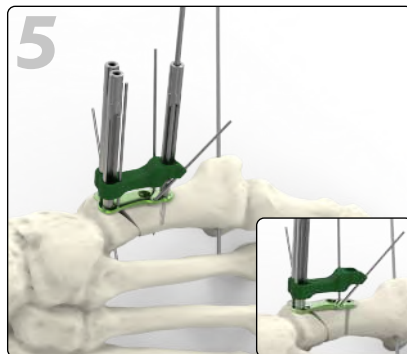
Hold the closing with a $\varnothing 1.6$ mm L150 mm pin (33.0216.150) targeting the 2nd metatarsal to achieve a lateral closing of the 1st metatarsal.



Using the plate as a template, position the two incisions.

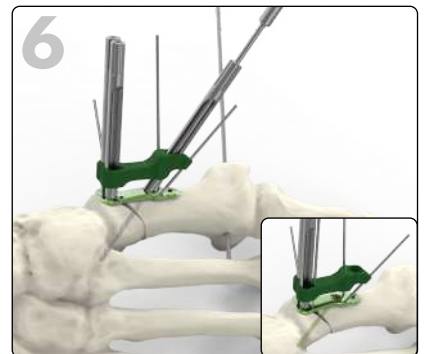


Assemble the guide to the plate with the two proximal drill guides. Insert the plate through the proximal incision. Then, insert the oblique pin to verify the good positioning. The $\varnothing 1.2$ mm L120 mm pin (33.0212.120) must target the proximal lateral part of the 1st metatarsal.



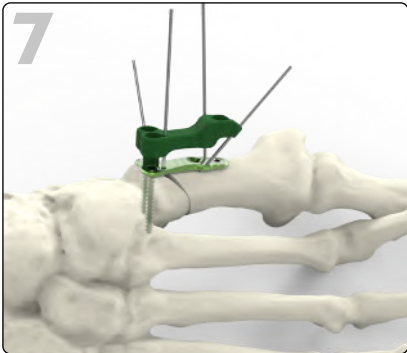
In the most distal hole of the plate, perform the drilling by using the drill through the guide.

Insert a $\varnothing 2.8$ mm locking screw (SLT2.8Lxx) using the T8 screwdriver (ANC575).

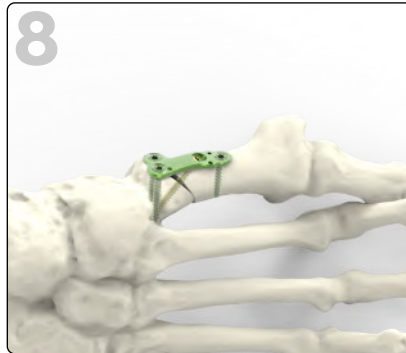


Using the same technique as step 5, insert a $\varnothing 2.8$ mm non-locking screw (RLT2.8Lxx) in the transfixation hole.

MINI INVASIVE BUNION OSTEOTOMY PLATES (PAGE 2/2)



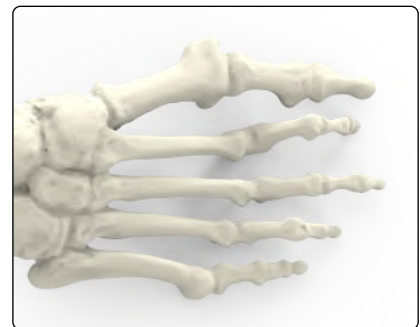
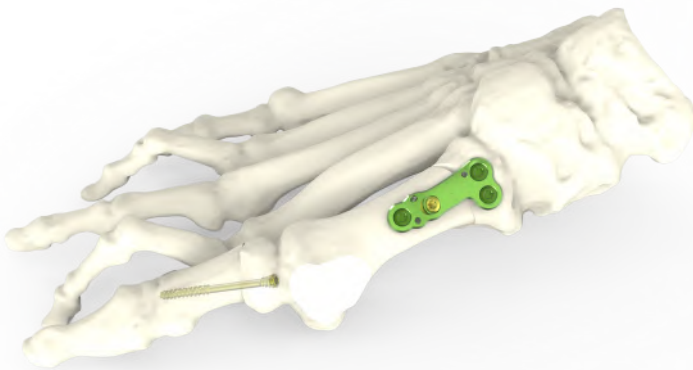
7
Fill the last two holes with Ø2.8 mm locking screws (SLT2.8Lxx) following the step 5.



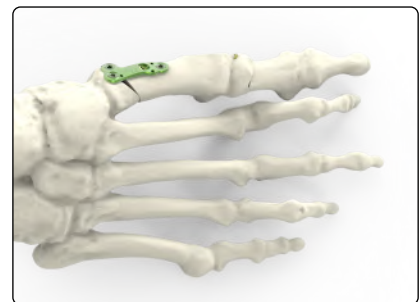
8
Then, remove the pins and instrument. Following the surgeons preferences, perform the exostosectomy and the akin procedure.

Warning: Final tightening of the screws must be performed by hand.

FINAL RESULT.



Before



After

PLANTAR LAPIDUS ARTHRODESIS PLATES (PAGE 1/2)

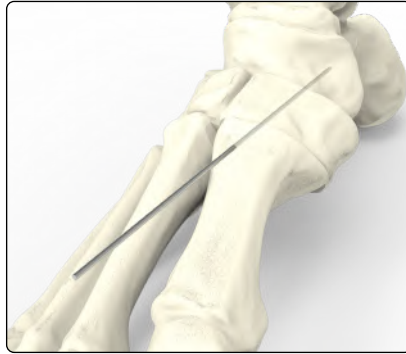
Example using the Plantar Lapidus arthrodesis plate - Narrow - Right - Size 1 (FLTDV1).

OPTIONAL STEPS

Ø4.0 mm compressive cannulated screw insertion before plate positioning allowing the compression of the joint. (H1.4QT4.0Lxx-ST)



Resect the joint following the usual technique.

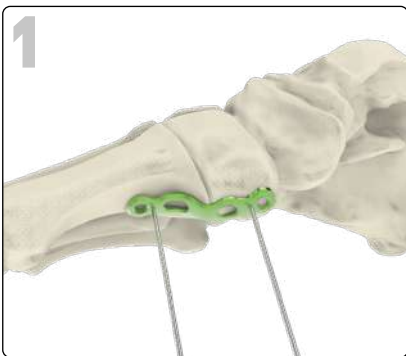


Insert the guiding pin (33.0213.120) transversely from the 1st metatarsal to the cuneiform. Then, introduce the Ø2.9 mm cannulated drill bit (ANC414) onto the guiding pin and drill. To ease the screw insertion, use the Ø6.0 mm countersink (ANC845) to prepare the cortex.

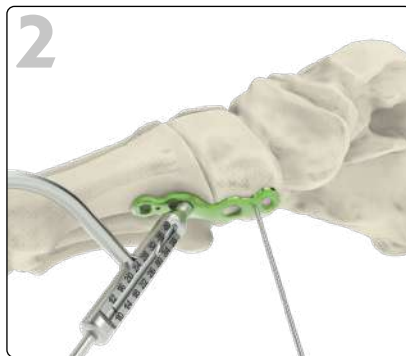


Insert the Ø4.0 mm compressive cannulated screw (H1.4QT4.0Lxx-ST) using the cannulated screwdriver (ANC388). Then, remove the pin.

N.B.: Ø4.0 mm self-compressive cannulated screw can also be used following the same surgical technique. (H1.4IFT4.0Lxx-ST) Make sure to use the Ø2.9 mm countersink (ANC664) instead.

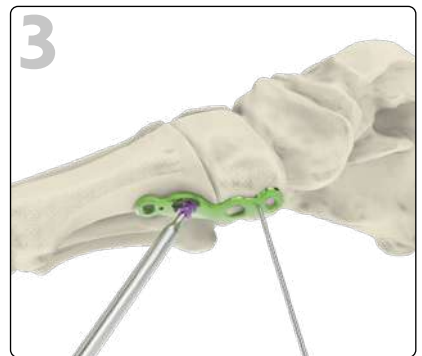


1 Position plantarly the plate on the TMT1 joint with Ø1.2 mm pins (33.0212.070). The middle of the plate must be placed over the TMT1 joint.



2 In the distal oblong hole, perform the drilling (ANC591) using the non threaded bent guide gauge (ANC841) or the threaded guide gauge (ANC577). Read the drilling depth on the guide gauge.

It is possible to check the depth with the length gauge (ANC589).

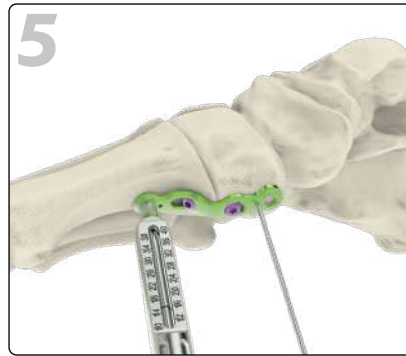


3 Insert a Ø3.5 mm non-locking screw (RLT3.5Lxx) using the T8 quick coupling screwdriver (ANC575).

PLANTAR LAPIDUS ARTHRODESIS PLATES (PAGE 2/2)



In the proximal oblong hole, repeat the steps 2 and 3 for the Ø3.5 mm non-locking screw (RLT3.5Lxx) insertion.



In the most distal hole, perform the drilling (ANC591) using the Ø2.7 mm threaded guide gauge (ANC577). Read the drilling depth on the threaded guide gauge.



Insert a Ø3.5 mm locking screw (SLT3.5Lxx) using the T8 quick coupling screwdriver (ANC575).

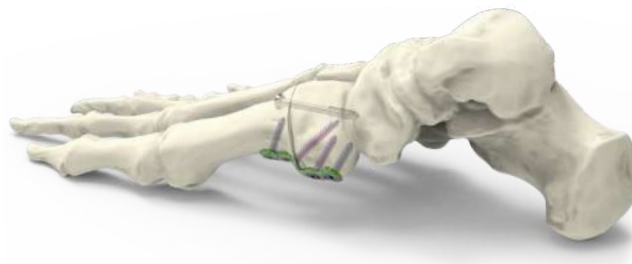
It is possible to check the depth with the length gauge (ANC589).



In the most proximal hole, repeat the steps 5 and 6 for the Ø3.5 mm locking screw (SLT3.5Lxx) insertion.

Warning: Final tightening of the screws must be performed by hand.

FINAL RESULT.



MEDIO-PLANTAR LAPIDUS ARTHRODESIS PLATES (PAGE 1/2)

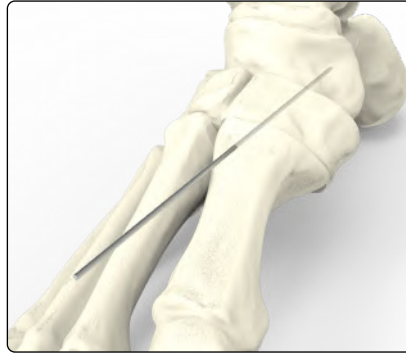
Example using the Medio-plantar Lapidus arthrodesis plate - Right - Size 1 (FLTDMV1).

OPTIONAL STEPS

Ø4.0 mm compressive cannulated screw insertion before plate positioning allowing the compression of the joint. (H1.4QT4.0Lxx-ST)



Resect the joint following the usual technique.

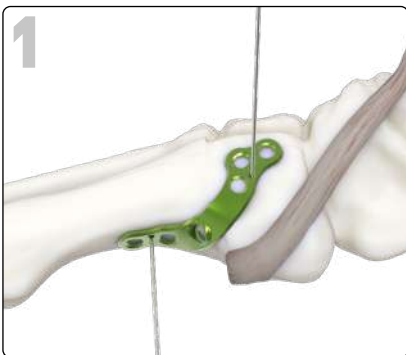


Insert the guiding pin (33.0213.120) transversely from the 1st metatarsal to the cuneiform. Then, introduce the Ø2.9 mm cannulated drill bit (ANC414) onto the guiding pin and drill. To ease the screw insertion, use the Ø6.0 mm countersink (ANC845) to prepare the cortex.

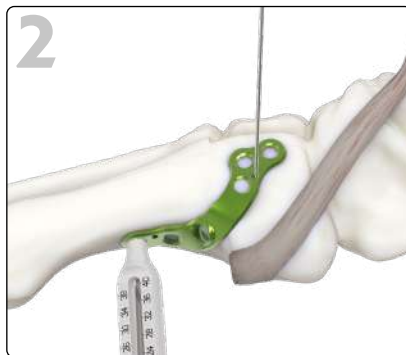


Insert the Ø4.0 mm compressive cannulated screw (H1.4QT4.0Lxx-ST) using the cannulated screwdriver (ANC388). Then, remove the pin.

N.B.: Ø4.0 mm self-compressive cannulated screw can also be used following the same surgical technique. (H1.4IFT4.0Lxx-ST) Make sure to use the Ø2.9 mm countersink (ANC664) instead.

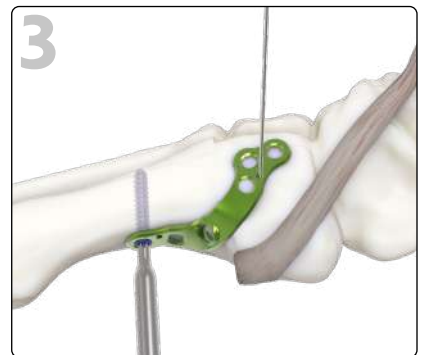


1 Position the plate on the TMT1 joint with Ø1.2 mm pins (33.0212.070).



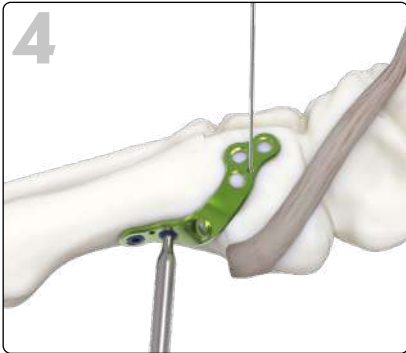
2 In the most distal locking hole, perform the drilling (ANC591) using the Ø2.7 mm threaded guide gauge (ANC577). Read the drilling depth on the guide gauge.

It is possible to determine the length with the length gauge (ANC589).

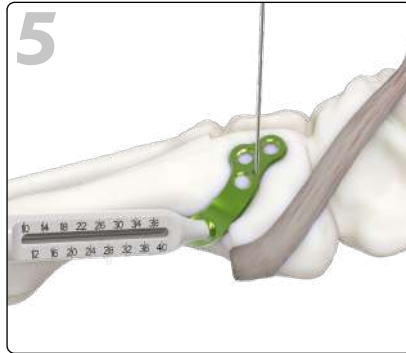


3 Insert a Ø3.5 mm locking screw (SLT3.5Lxx) using the T8 quick coupling screwdriver (ANC575).

MEDIO-PLANTAR LAPIDUS ARTHRODESIS PLATES (PAGE 2/2)



Repeat the steps 2 and 3 for the second distal locking hole.

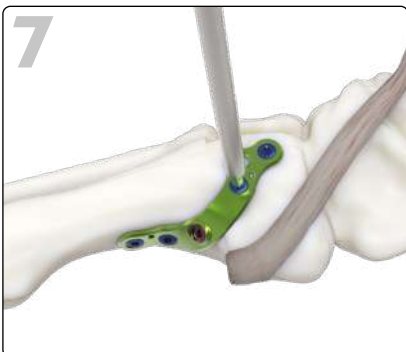


In the transarticular hole, perform the drilling (ANC591) using the threaded guide gauge (ANC577). Read the drilling depth on the threaded guide gauge.

It is possible to determine the length with the length gauge (ANC589).



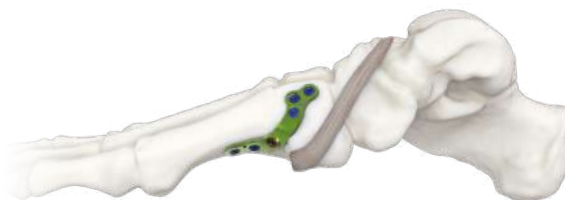
Remove the $\text{\O}1.2$ mm pin. Insert a $\text{\O}3.5$ mm non-locking screw (RLT3.5Lxx) using the T8 quick coupling screwdriver (ANC575).



In the proximal locking holes, repeat the steps 2 and 3 for the $\text{\O}3.5$ mm remaining locking screws (SLT3.5Lxx).

Warning: Final tightening of the screws must be performed by hand.

FINAL RESULT.



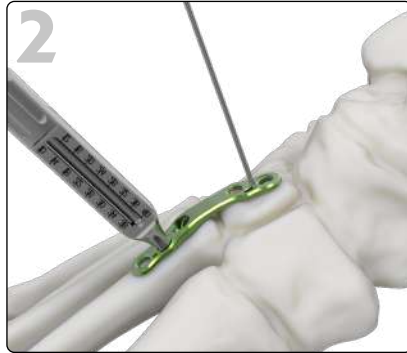
LISFRANC ARTHRODESIS PLATES

Example using the Isolated Lisfranc arthrodesis plate - Right - Size 1 (FUTDD1).



1 Resect the joint following the usual technique.

Position dorsally the plate on the TMT joint with Ø1.2 mm pins (33.0212.070). The proximal pin has to be in the proximal part of the pin oblong hole to allow compression.

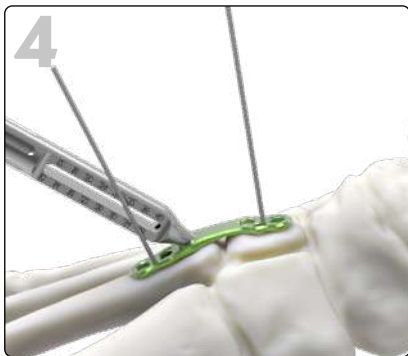


2 In the second last proximal hole of the metatarsal, perform the drilling (ANC591) using the Ø2.7 mm threaded guide gauge (ANC577). Read the drilling depth on the threaded guide gauge.

It is possible to determine the depth with the length gauge (ANC589).

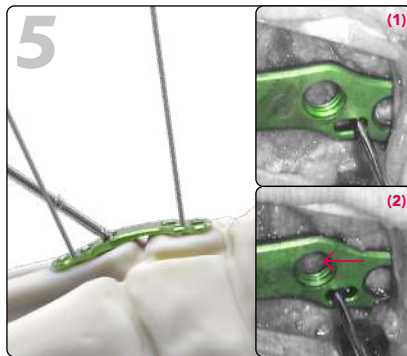


3 Insert a Ø3.5 mm locking screw (SLT3.5Lxx) using the T8 quick coupling screwdriver (ANC575).



4 In the transarticular hole, perform the drilling (ANC591) using the Ø2.7 mm threaded guide gauge (ANC577). Read the drilling depth on the threaded guide gauge.

It is possible to determine the depth with the length gauge (ANC589).



5 Insert a Ø3.5 mm lag screw (QLT3.5Lxx-ST) using the T8 quick coupling screwdriver (ANC575) to perform the compression. The proximal pin⁽¹⁾ will move distally⁽²⁾ in the pin oblong hole reflecting the compression on the arthrodesis area.

Then, remove the pins.



6 In the most distal hole and the most proximal hole, repeat the steps 3 and 4.



7 Finalize the construct by following steps 3 and 4 for the last hole.

Warning: Final tightening of the screws must be performed by hand.

FINAL RESULT.

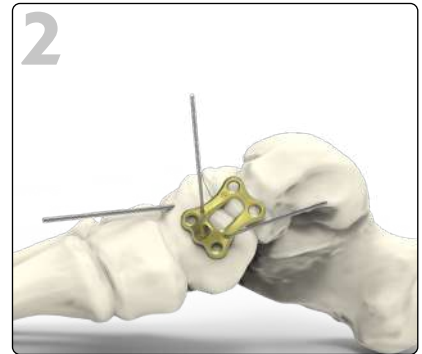
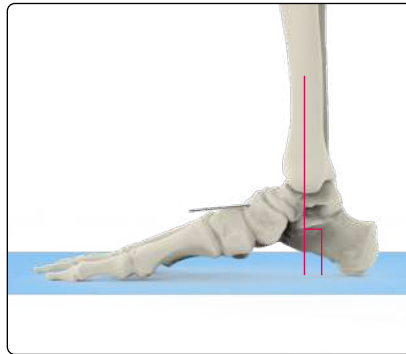
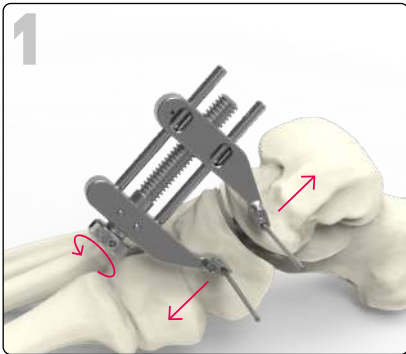


TALO-NAVICULAR ARTHRODESIS PLATES (PAGE 1/2)

Example using the Medial Talo-Navicular arthrodesis plate - Symmetrical - Size 2 (FTTSM2).
The Dorsal Talo-Navicular arthrodesis plates follow the same steps.

The incision is made approximately 5 mm above the tibialis posterior tendon.

Warning: The incision for the dorsal talo-navicular arthrodesis plate is made between the tibialis anterior tendon and the extensor hallucis longus.

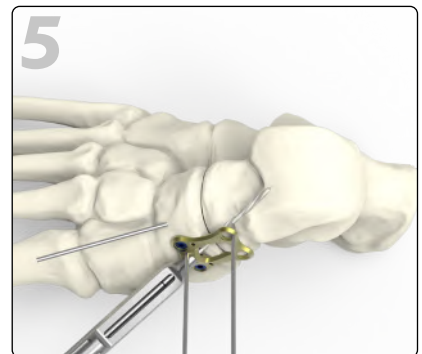
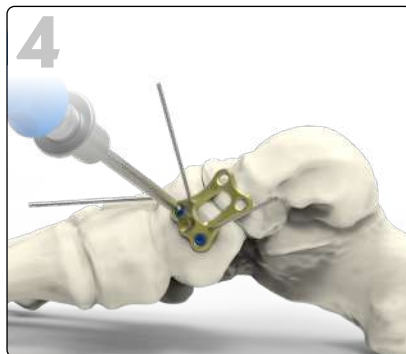
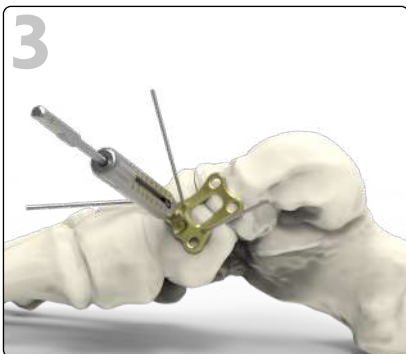


TN joint exposure and preparation:

Using the opening wedge instrument (ANC642), distract the surface. Then, prepare the joint (a curved curette or a curved lambotte is advised). It is recommended to position the foot support normal to the tibial axis.

Position the plate on the medial side of the talo-navicular joint and insert two Ø1.2 mm pins (33.0212.070) in the navicular part.

Temporarily fix the talo-navicular joint using a Ø1.6 mm pin (33.0216.150).



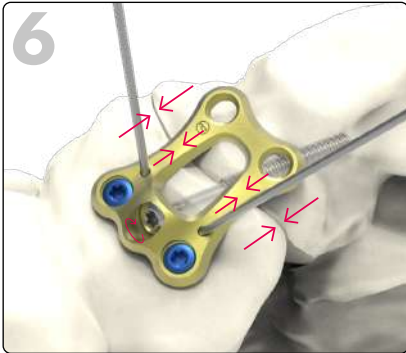
Fix the Ø2.7 mm threaded guide gauge for Ø3.5 mm screws (ANC577) in the two locking holes in the navicular part. Drill using the Ø2.7 mm quick coupling drill bit (ANC591) and measure the necessary screw length.

Insert two Ø3.5 mm locking screws (SLT3.5Lxx) using the T8 screwdriver (ANC575).

Fix the Ø2.7 mm threaded guide gauge for Ø3.5 mm screws (ANC577) in the transarticular hole. Drill and measure.

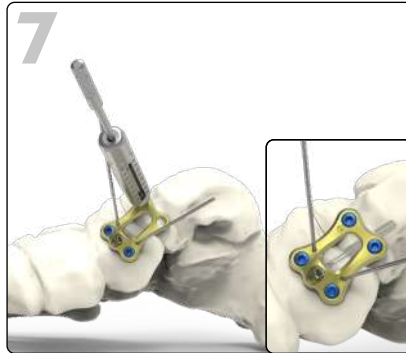
NB: The depth can also be determined by using the length gauge (ANC589).

TALO-NAVICULAR ARTHRODESIS PLATES (PAGE 2/2)



Insert one $\varnothing 3.5$ mm lag screw (QLT3.5Lxx-ST) using the T8 screwdriver (ANC575).

NB: Remove the $\varnothing 1.6$ mm pin before achieving the compression.

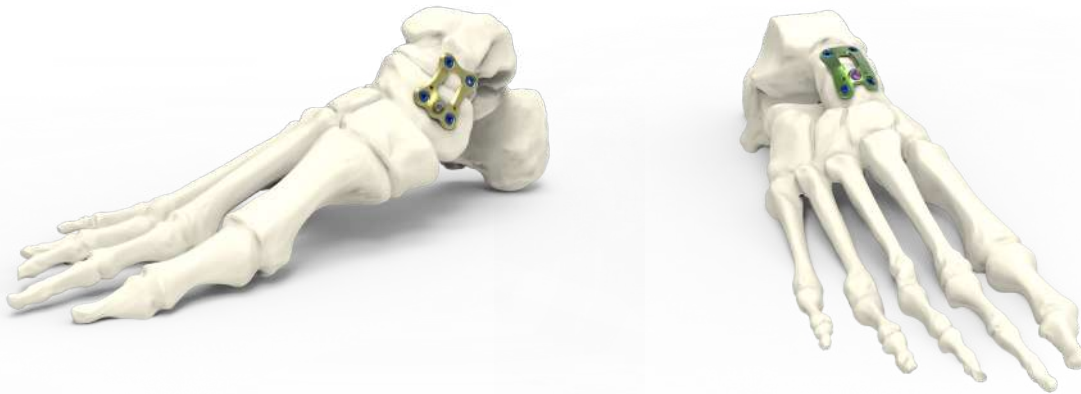


Fix the $\varnothing 2.7$ mm threaded guide gauge for $\varnothing 3.5$ mm screws (ANC577) in the two locking holes in the talus part. Drill and measure.

Then, insert the two last screws (SLT3.5Lxx) and remove the pins.

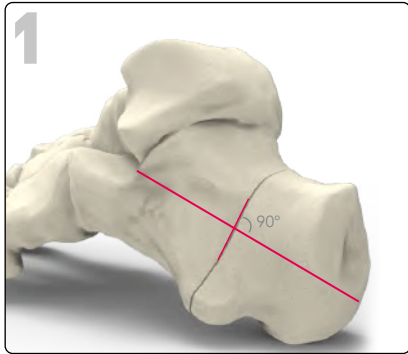
Warning: Final tightening of the screws must be performed by hand.

FINAL RESULTS.

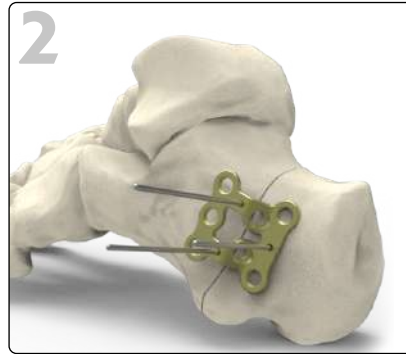


CALCANEAL DISPLACEMENT OSTEOTOMY PLATES

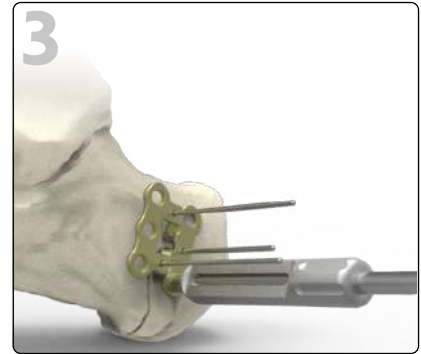
Example using the Calcaneal displacement osteotomy plate - Symmetrical - 7.5 mm (FATSL7.5).



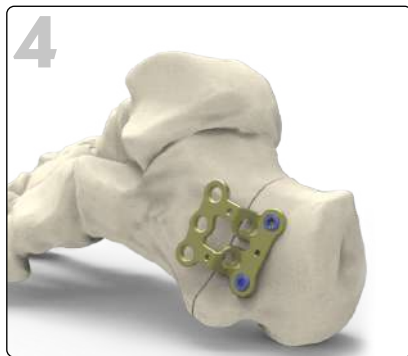
1 Perform the cut perpendicular to the long axis of the calcaneus.



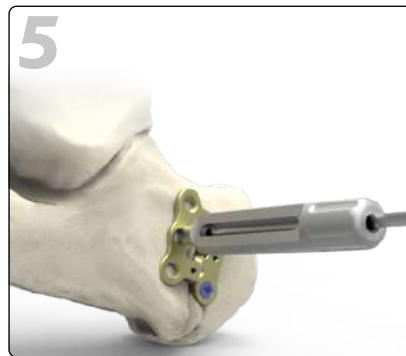
2 Position the plate and stabilize it temporarily by inserting three $\text{\O}1.2$ mm pins (33.0212.070) into the dedicated holes:
- two in the osteotomy site,
- one in the posterior part of the calcaneus.



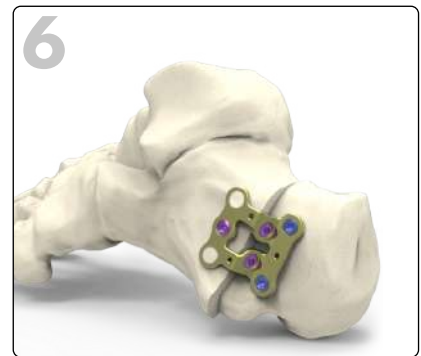
3 Lock the threaded guide gauge (ANC577) in one of the posterior holes. Drill (ANC591), then directly measure the drilling depth on the threaded guide gauge. Insert a $\text{\O}3.5$ mm locking screw (SLT3.5Lxx) with the T8 screwdriver (ANC575).



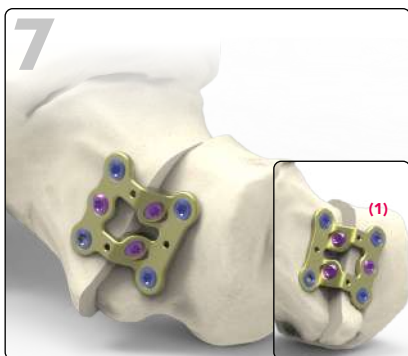
4 Insert the second locking screw to complete the posterior fixation and remove the pins.



5 Lock the threaded guide gauge (ANC577) in the central anterior hole. Drill (ANC591), then measure directly the drilling depth on the threaded guide gauge. **Subtract the offset of the plate to determine the length of the screw to use.** Then insert a $\text{\O}3.5$ mm non-locking screw (RLT3.5Lxx) with the T8 screwdriver (ANC575) until the complete shifting.



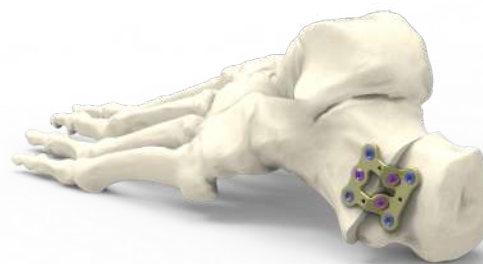
6 Complete the construct by inserting the two non-locking transfixation screws (RLT3.5Lxx) located in the offset, to achieve the compression between the two bone fragments.



7 To finalize the anterior fixation, insert the two anterior locking screws (SLT3.5Lxx).

For lateral displacement, turn the plate at 180° , fix the anterior part and then the posterior part of the plate.⁽¹⁾

FINAL RESULT.



Implants references.

Remark: Please note that all implants are also available in sterile packaging. An 'ST' code is added at the end of the reference.
 Ex : «FMTGD1-ST» «SLT2.8L10-ST»

1st MTP arthrodesis plates

Ref.	Description	Length
FMTGD1	1st MTP arthrodesis plate - Standard - Left - Size 1	L36.5 mm
FMTDD1	1st MTP arthrodesis plate - Standard - Right - Size 1	L36.5 mm
FMTGD2	1st MTP arthrodesis plate - Standard - Left - Size 2	L41.5 mm
FMTDD2	1st MTP arthrodesis plate - Standard - Right - Size 2	L41.5 mm
FMTGD3	1st MTP arthrodesis plate - Standard - Left - Size 3	L46.5 mm
FMTDD3	1st MTP arthrodesis plate - Standard - Right - Size "	L46.5 mm



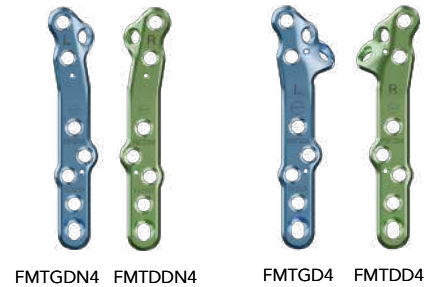
1st MTP arthrodesis plates Narrow

Ref.	Description	Length
FMTGDN1	1st MTP arthrodesis plate - Narrow - Left - Size 1	L42 mm
FMTDDN1	1st MTP arthrodesis plate - Narrow - Right - Size 1	L42 mm
FMTGDN2	1st MTP arthrodesis plate - Narrow - Left - Size 2	L46 mm
FMTDDN2	1st MTP arthrodesis plate - Narrow - Right - Size 2	L46 mm



1st MTP arthrodesis plates Revision

Ref.	Description	Length
FMTGDN4	1st MTP arthrodesis plate - Narrow - Left - Size 4	L60.5 mm
FMTDDN4	1st MTP arthrodesis plate - Narrow - Right - Size 4	L60.5 mm
FMTGD4	1st MTP arthrodesis plate - Standard - Left - Size 4	L60.5 mm
FMTDD4	1st MTP arthrodesis plate - Standard - Right - Size 4	L60.5 mm



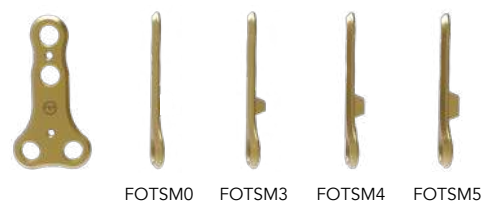
Metatarsal basal closing wedge plates

Ref.	Description	Length
FFTGD1	Metatarsal basal closing wedge plate - Left - Size 1	L29 mm
FFTDD1	Metatarsal basal closing wedge plate - Right - Size 1	L29 mm



Metatarsal basal opening wedge osteotomy plates

Ref.	Description	Length
FOTSM0	Metatarsal basal opening wedge osteotomy plate - Symmetrical - 0 mm	L28 mm
FOTSM3	Metatarsal basal opening wedge osteotomy plate - Symmetrical - 3 mm	L28 mm
FOTSM4	Metatarsal basal opening wedge osteotomy plate - Symmetrical - 4 mm	L28 mm
FOTSM5	Metatarsal basal opening wedge osteotomy plate - Symmetrical - 5 mm	L28 mm



Plantar Lapidus arthrodesis plates

Ref.	Description	Length
FLTSV1	Plantar Lapidus arthrodesis plate - Symmetrical - Size 1 - 3 mm	L45 mm
FLTSV2	Plantar Lapidus arthrodesis plate - Symmetrical - Size 2 - 5 mm	L45 mm
FLTSV3	Plantar Lapidus arthrodesis plate - Symmetrical - Size 3 - 7 mm	L45 mm



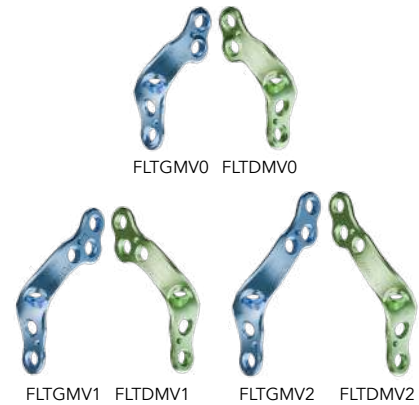
Plantar Lapidus arthrodesis plates - Narrow

Ref.	Description	Length
FLTGV0	Plantar Lapidus arthrodesis plate - Narrow - Left - Size 0	L37 mm
FLTDV0	Plantar Lapidus arthrodesis plate - Narrow - Right - Size 0	L37 mm
FLTGV1	Plantar Lapidus arthrodesis plate - Narrow - Left - Size 1	L42 mm
FLTDV1	Plantar Lapidus arthrodesis plate - Narrow - Right - Size 1	L42 mm
FLTGV2	Plantar Lapidus arthrodesis plate - Narrow - Left - Size 2	L50 mm
FLTDV2	Plantar Lapidus arthrodesis plate - Narrow - Right - Size 2	L50 mm



Medio-plantar Lapidus arthrodesis plates

Ref.	Description	Length
FLTGMV0	Medio-plantar Lapidus arthrodesis plate - Left - Size 0	L36 mm
FLTDMV0	Medio-plantar Lapidus arthrodesis plate - Right - Size 0	L36 mm
FLTGMV1	Medio-plantar Lapidus arthrodesis plate - Left - Size 1	L43 mm
FLTDMV1	Medio-plantar Lapidus arthrodesis plate - Right - Size 1	L43 mm
FLTGMV2	Medio-plantar Lapidus arthrodesis plate - Left - Size 2	L47 mm
FLTDMV2	Medio-plantar Lapidus arthrodesis plate - Right - Size 2	L47 mm



Dorso-medial Lapidus arthrodesis plate

Ref.	Description	Length
FLTSM1	Dorso-medial Lapidus arthrodesis plate - Symmetrical - Size 1	L50 mm



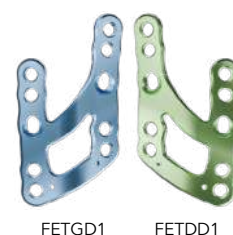
Dorsal Lisfranc arthrodeses plates

Ref.	Description	Width
FDTSDN1	Dorsal Lisfranc arthrodesis plate - Narrow - Symmetrical - Size 1	L19 mm
FDTSDS1	Dorsal Lisfranc arthrodesis plate - Standard - Symmetrical - Size 1	L22 mm
FDTSDW1	Dorsal Lisfranc arthrodesis plate - Wide - Symmetrical - Size 1	L25 mm



Medial Lisfranc arthrodeses plates

Ref.	Description	Length
FETGD1	Medial Lisfranc arthrodesis plate - Left - Size 1	L53 mm
FETDD1	Medial Lisfranc arthrodesis plate - Right - Size 1	L53 mm



Isolated Lisfranc arthrodesis plates

Ref.	Description	Length
FUTGD1	Isolated Lisfranc arthrodesis plate - Left - Size 1	L43 mm
FUTDD1	Isolated Lisfranc arthrodesis plate - Right - Size 1	L43 mm
FUTSD1	Isolated Lisfranc arthrodesis plate - Symmetrical - Size 1	L38 mm



Talo-navicular arthrodesis plates

Ref.	Description	Length
FTTGD1	Dorsal Talo-Navicular arthrodesis plate - Left - Size 1	L22 mm
FTTDD1	Dorsal Talo-Navicular arthrodesis plate - Right - Size 1	L22 mm
FTTGD2	Dorsal Talo-Navicular arthrodesis plate - Left - Size 2	L28 mm
FTTDD2	Dorsal Talo-Navicular arthrodesis plate - Right - Size 2	L28 mm



Cotton osteotomy plates

Ref.	Description	Length
FCTSM0	Cotton osteotomy plate - Symmetrical - 0 mm	L24 mm
FCTSM4.5	Cotton osteotomy plate - Symmetrical - 4.5 mm	L22 mm
FCTSM5.5	Cotton osteotomy plate - Symmetrical - 5.5 mm	L23 mm
FCTSM6.5	Cotton osteotomy plate - Symmetrical - 6.5 mm	L24 mm



Evans osteotomy plates

Ref.	Description	Length
FVTSL0	Evans osteotomy plate - Symmetrical - 0 mm	L30 mm
FVTSL6	Evans osteotomy plate - Symmetrical - 6 mm	L26 mm
FVTSL8	Evans osteotomy plate - Symmetrical - 8 mm	L28 mm
FVTSL10	Evans osteotomy plate - Symmetrical - 10 mm	L30 mm



Calcaneal displacement osteotomy plates

Ref.	Description	Width
FATSL5	Calcaneal displacement osteotomy plate - Symmetrical - 5 mm	L21.5 mm
FATSL7.5	Calcaneal displacement osteotomy plate - Symmetrical - 7.5 mm	L21.5 mm
FATSL10	Calcaneal displacement osteotomy plate - Symmetrical - 10 mm	L21.5 mm



Straight plates

Ref.	Description	Length
FUTS1	Straight plate - Symmetrical - Size 1 - 2 holes	L20 mm
FUTS2	Straight plate - Symmetrical - Size 2 - 3 holes	L25 mm
FUTS3	Straight plate - Symmetrical - Size 3 - 4 holes	L30 mm
FUTS4	Straight plate - Symmetrical - Size 4 - 5 holes	L35 mm
FUTS5	Straight plate - Symmetrical - Size 5 - 6 holes	L40 mm
FUTS6	Straight plate - Symmetrical - Size 6 - 7 holes	L45 mm



Ø2.8 mm locking screws*

Ref.	Description
SLT2.8L10 to SLT2.8L34	Ø2.8 mm locking screw - L10 to L34 mm (2 mm incrementation)

*Green anodized



Ø2.8 mm non-locking screws*

Ref.	Description
RLT2.8L10 to RLT2.8L34	Ø2.8 mm non-locking screw - L10 to L34 mm (2 mm incrementation)

*Golden anodized



Ø3.5 mm locking screws*

Ref.	Description
SLT3.5L10 to SLT3.5L40	Ø3.5 mm locking screw - L10 to L40 mm (2 mm incrementation)

*Blue anodized



Ø3.5 mm non-locking screws*

Ref.	Description
RLT3.5L10 to RLT3.5L40	Ø3.5 mm non-locking screw - L10 to L40 mm (2 mm incrementation)

*Fuchsia anodized



Ø3.5 mm lag crews*

Ref.	Description
QLT3.5L20-ST to QLT3.5L40-ST	Ø3.5 mm lag screw - L20 to L40 mm - STERILE (2 mm incrementation)

*Not anodized. Available only in sterile packaging.



Optional implants - Ø4.0 mm screws and washer*

Ref.	Description
H1.4QT4.0L26-ST to H1.4QT4.0L48-ST	Ø4.0 mm compressive screw - cannula Ø1.4 - short thread - STERILE (2 mm incrementation)
H1.4IFT4.0L26-ST to H1.4IFT4.0L48-ST	Ø4.0 mm self-compressive screw - cannula Ø1.4 - short thread - STERILE (2 mm incrementation)
WASH-T4-ST	Compression washer for Ø4.0 mm compressive screws - STERILE

* Not anodized. Available only in sterile packaging.



REMOVAL SET

If you have to remove Footmotion plating system implants, make sure to order the **Newclip Technics removal set** which includes the following instruments:

- ANC042: Mini set - Base
- ANC350: Ø4.5 mm AO quick coupling handle - Size 1
- ANC575: T8 quick coupling screwdriver

To remove any of the Footmotion Plating System plates, first loosen all the screws without completely removing them (this prevents rotation of the plate when removing the last screw). Finally, completely remove all screws and the plate.

Instruments references.

Footmotion plating system kit instrumentation

#	Ref.	Description	Qty
01	ANC350	Ø4.5 mm AO quick coupling handle - Size 1	2
02	ANC575	T8 quick coupling screwdriver	2
03	ANC576	Ø2.0 mm threaded guide gauge for Ø2.8 mm screws	2
04	ANC577	Ø2.7 mm threaded guide gauge for Ø3.5 mm screws	2
05	ANC578	Bending plier	2
06	ANC586	Ø2.0 mm non threaded bent guide gauge for Ø2.8 mm screws	1
07	ANC589	Length gauge for Ø2.8 and Ø3.5 mm screws	1
08	ANC590	Ø2.0 mm quick coupling drill bit - L125 mm	2
09	ANC591	Ø2.7 mm quick coupling drill bit - L125 mm	2
10	ANC611	Ø3.0 mm quick coupling drill bit - L125 mm	1
11	ANC621	Chisel Pauwels - 10*240 mm	1
12	ANC642	Opening wedge osteotomy instrument	1
13	33.0212.070	Pin Ø1.2 - L70 mm	5
14	33.0216.100	Pin Ø1.2 - L100 mm	5
15	33.0216.150	Pin Ø1.2 - L150 mm	5
16	D11432M*	Small closed WIRE DISTRACTOR Ø1.6 and Ø2.5	1

* Optional

Manufacturer: OURY-GUYE et Fils
MDD Class: I
Notified body: SGS Belgium NV - CE1629

MTP arthrodesis module instrumentation

#	Ref.	Description	Qty
17	ANC567	Ø16 mm convex reamer	1
18	ANC568	Ø16 mm concave reamer	1
19	ANC569	Ø18 mm convex reamer	1
20	ANC570	Ø18 mm concave reamer	1
21	ANC571	Ø20 mm convex reamer	1
22	ANC572	Ø20 mm concave reamer	1
23	ANC573	Ø22 mm convex reamer	1
24	ANC574	Ø22 mm concave reamer	1

Lapidus arthrodesis module instrumentation

#	Ref.	Description	Qty
PLANTAR NARROW INSTRUMENTATION			
25	ANC841	Ø2.7 mm non threaded bent guide gauge for Ø3.5 mm screws	1
26	ANC861	Ø2.7 mm cannulated bending drill guide	2
Ø4.0 MM SCREWS INSTRUMENTATION			
27	ANC388	2.5 mm quick coupling hexagonal non prehensor screwdriver - cannula Ø1.4 mm	1
28	ANC414	Ø2.9 mm drill bit - cannula 1.4 mm - L 125 mm - AO Ø4.5 mm quick coupling	1
29	ANC427	Length gauge for pin Ø1.3 mm - L 120 mm	1
30	ANC664	Ø2.9 mm countersink - cannula Ø1.4 mm - AO quick coupling	1
31	ANC665	Ø1.4 mm pin guide	1
32	ANC845	Ø6.0 mm countersink - cannula Ø1.4 mm	1
33	33.0213.120	Pin Ø1.3 - L120 mm	6

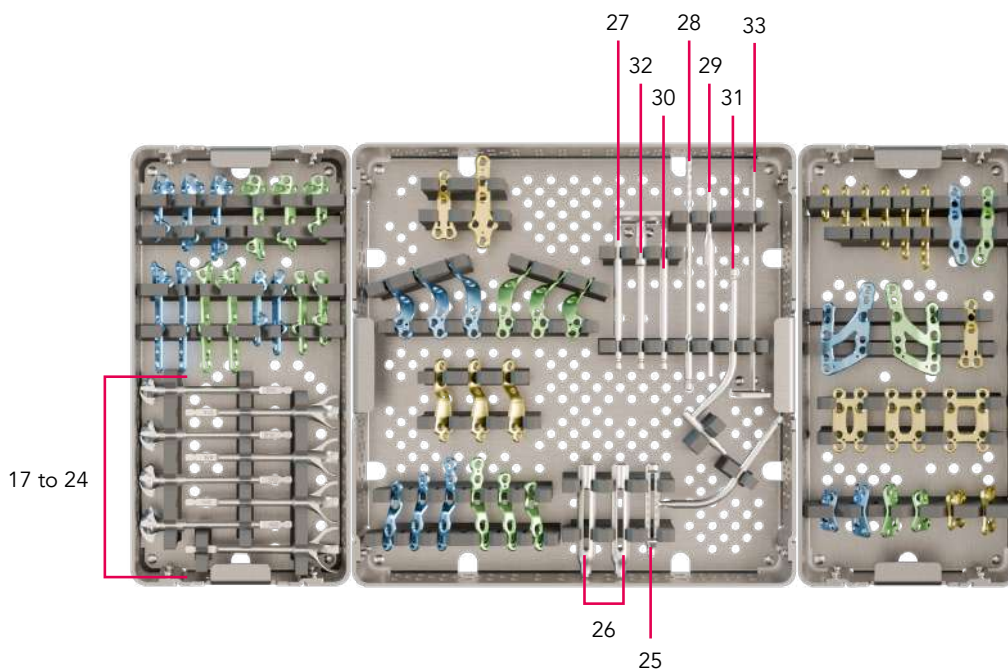
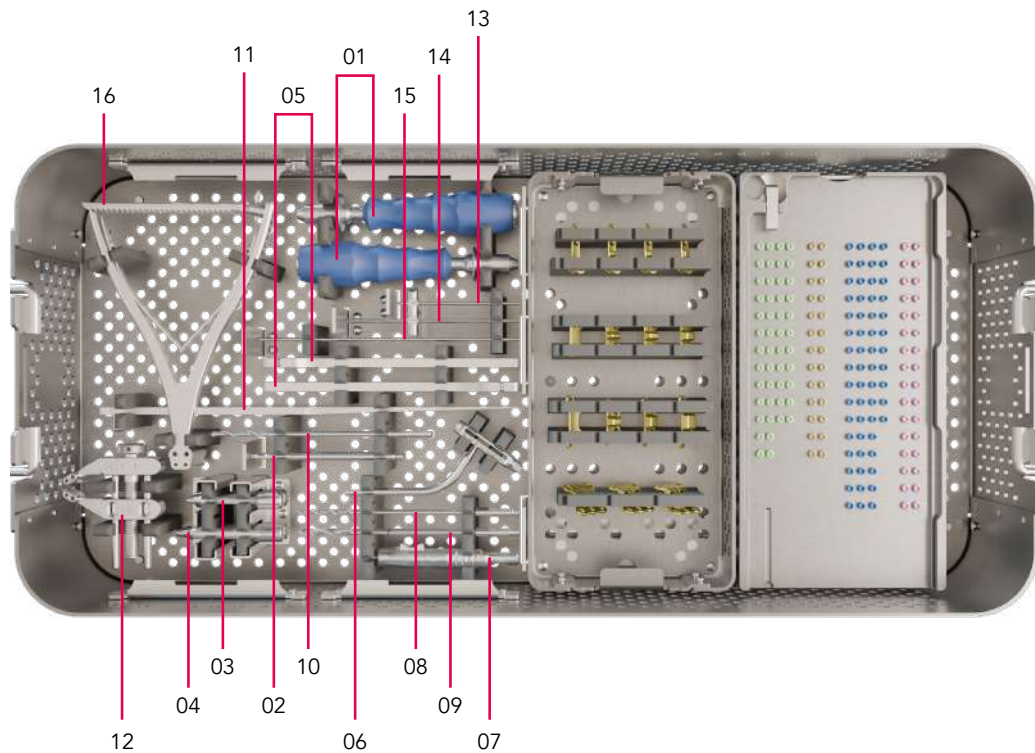
PLATE BENDING

The plates of the Footmotion Plating System can be bent using the appropriate bending pliers (ANC578) and by following these instructions:

- Bending is only possible in the areas intended for this purpose,
- A bendable area must be bent only once and in one direction,
- Bending must not be performed excessively,
- The holes must be protected so as to avoid damaging the fixation.

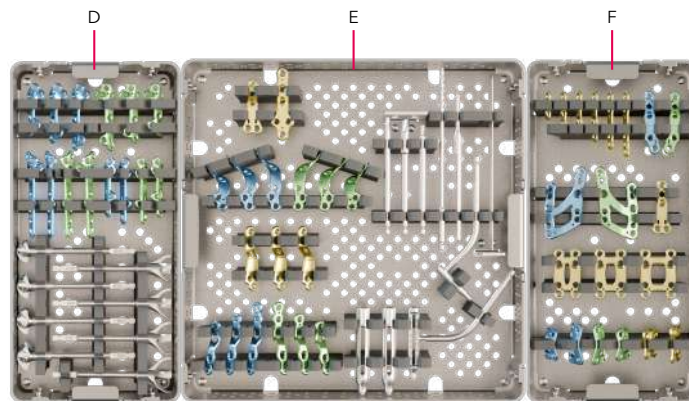
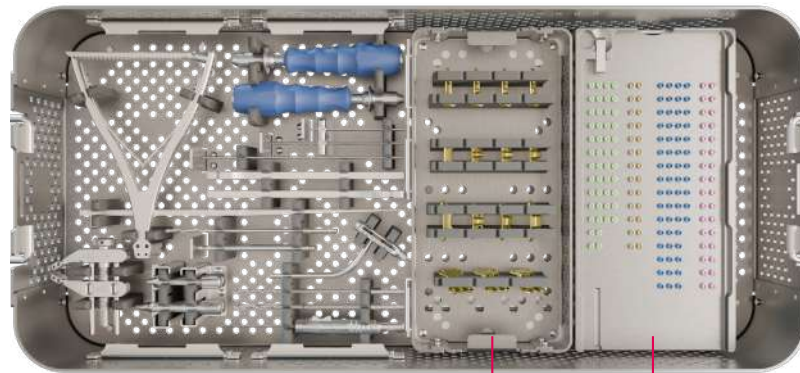
Please refer to the IFU for bending precautions.





Container references.

#	Ref.	Description	Qty
A	ANC1833/B	Footmotion Plating System set - Base	1
B	ANC1833/C	Footmotion Plating System set - Lid	1
C	ANC1833/M1	Footmotion Plating System set - Module 1 - Flatfoot osteotomy	1
D	ANC1833/M2	Footmotion Plating System set - Module 2 - MTP arthrodesis	1
E	ANC1833/M3	Footmotion Plating System set - Module 3 - Lapidus arthrodesis	1
F	ANC1833/M4	Footmotion Plating System set - Module 4 - Lisfranc arthrodesis	1
G	ANC1833/R	Footmotion Plating System set - Screw rack	1



Optional instruments references.

Optional sterile instruments

Ref.	Description
ANC590-ST	Ø2.0 mm quick coupling drill bit - L 125 mm - STERILE
ANC591-ST	Ø2.7 mm quick coupling drill bit - L 125 mm - STERILE
ANC926-ST	Olive pin Ø1.2 - L70 mm - STERILE
33.0212.070-ST	Pin Ø1.2 - L70 mm - STERILE
33.0216.100-ST	Pin Ø1.6 - L100 mm - STERILE
33.0216.150-ST	Pin Ø1.6 - L150 mm - STERILE

PSI Options

Ref.	Description	Qty
ANC863	Ø1.9 mm pin for cutting guide - L15 mm	4
ANC880	Ø1.9 mm pin for cutting guide - L30 mm	4
ANC1113	Patient specific cutting guide for foot osteotomy	1
ANC1219	Ø2.6 mm pin for cutting guide - L30 mm	4
ANC1220	Ø2.6 mm pin for cutting guide - L15 mm	4
ANC1349	Ø1.2 mm - L10 mm holding plot	3
ANC1350	Ø2.2 mm - L10 mm holding plot	3
ANC1771	Ø1.6 mm holding plot	3
33.0216.150	Pin Ø1.6 - L150 mm	4
33.0222.120	Pin Ø2.2 - L200 mm	4

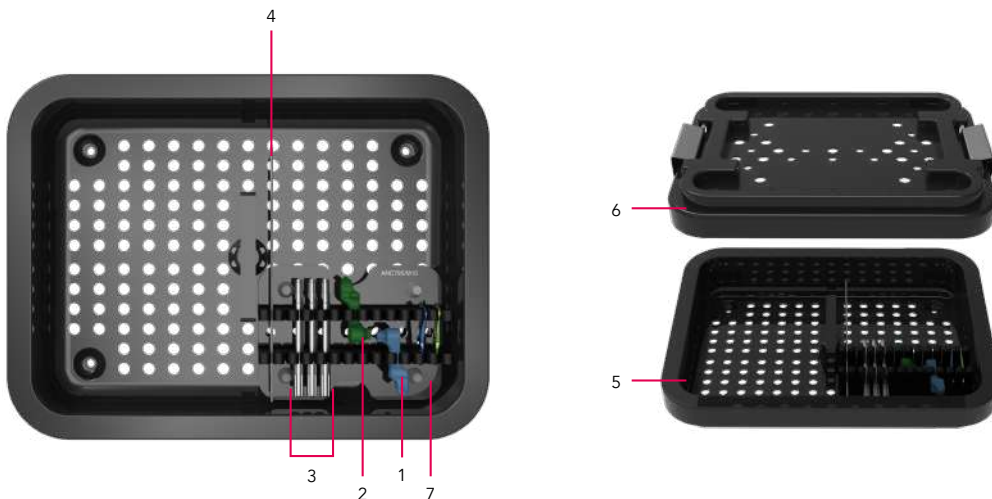
Optional instruments: MIBO kit

#	Ref.	Description	Qty
1	ANC1057	MIS guide for metatarsal basal closing wedge osteotomy plate - Left	1
2	ANC1058	MIS guide for metatarsal basal closing wedge osteotomy plate - Right	1
3	ANC1059	Ø2.0 mm threaded guide gauge for Ø2.8 mm screws - MIS MIBO	3
4	33.0212.120	Pin Ø1.2 - L120 mm	5
5	ANC791/B	Footmotion Plating System - Options set - Base	1
6	ANC791/C2	Footmotion Plating System - MIBO set - Lid	1
7	ANC795/M10	Xpert Wrist 2.4 - Fragment Specific set - Module 10 - 13 slots	1



Compatible with patient specific cutting guides (PSI)

Please refer to the brochure FPS PSI and contact your NEWCLIP TECHNICS representative if you have questions about the availability of NEWCLIP TECHNICS products in your area.



This information is intended to demonstrate the Newclip Technics portfolio of medical devices. Always refer to the package insert, product label and/or user instructions including cleaning and sterilization before using any Newclip Technics product. These products must be handled and/or implanted by trained and qualified staff who have read the instructions before use. A surgeon must always rely on her or his own professional clinical judgement when deciding whether to use a particular product when treating a particular patient. Product availability is subject to the regulatory or medical practices that govern individual markets. Please contact your Newclip Technics representative if you have questions about the availability of Newclip Technics products in your area.

Manufacturer: Newclip Technics - Brochure EN - Footmotion Plating System - Ed.13 - 04/2026 - Medical devices: class IIb - CE1639 SGS BE - Read labelling and instructions before the use of Newclip Technics medical devices. These products must be handled and/or implanted by trained and qualified staff who have read the instructions before use. Non-contractual pictures. Newclip Technics - 45 rue des Garotières - 44115 Haute Goulaine, France. Our subsidiaries: Newclip USA - Newclip Australia - Newclip GMBH - Newclip Japan - Newclip Iberia - Newclip Belgium - Newclip Italia - Newclip UK.

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